

# **BREAKFAST SANDWICHES**

Bread. The way it *ought* to be.

The perfect spot for breakfast!



Classic Ham 710 cal. .....\$8.00 Ham, cheddar cheese, egg, and garlic herb spread on Honey Whole Wheat bread.

Classic Bacon 710 cal. ......\$6.00 Bacon, cheddar cheese, egg, and garlic herb spread on Honey Whole Wheat bread.

Classic Bacon Biscuit 790-810 cal. .....\$7.00 Bacon, cheddar cheese, egg, and garlic herb spread on a fresh baked Great Harvest Biscuit.

Classic Cheddar 650 cal. .....\$6.00 Cheddar cheese, egg, and garlic herb spread on Honey Whole Wheat bread.

The Morning Gobbler 720 cal. .....\$7.00 Turkey, provolone cheese, egg, and garlic herb spread on Dakota bread.

The Kickstart 690 cal. ......\$7.00 Bacon, pepper jack cheese, egg, tomato, and garlic herb spread on Farmhouse White bread.

The Loaded Ham 740 cal. .....\$8.00 Ham, Swiss cheese, egg, avocado, tomato, and garlic herb spread on Honey Whole Wheat bread.

**The Loaded Bacon** 730 cal. .....\$8.00 Bacon, Swiss cheese, egg, avocado, tomato, and garlic herb spread on Honey Whole Wheat bread.

Ham & Swiss 690 cal. .....\$8.00 Ham, Swiss cheese, egg, tomato, and garlic herb spread on Farmhouse White bread.

## **NOVEMBER SANDWICH SPECIAL**

Sandwiches where the outside is as good as the inside.



## SIGNATURE SANDWICHES

Fresh made with simple ingredients.



**Turkey Goddess** 

salt & pepper mix.

620-690 cal. ......\$9.00
Our house-made green goddess
dressing drizzled over slices of turkey
breast and creamy Havarti cheese.
Includes lettuce, tomato, onion, and



Baja Chipotle Turkey



Louisville Chicken Salad

## **DRINKS**

Specity drinks available - fountain and cooler, iced tea, espresso, tea and coffee and many more choices!



2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.



## HOT OFF THE GRILL

Get it hot, get it fresh, get it now!



### Spicy Apple Bacon Grilled Cheese

670-730 cal. .....\$9.00 Melted sharp cheddar cheese & provolone, thinly sliced apples, bacon, and pepper jelly.



### Best Ever BLT

460-520 cal. ......\$9.00 Bacon, lettuce, tomato, and mayo between two slices of our grilled, fresh baked bread.



### Grilled Cheese

760-850 cal. ......\$6.00 Your bread of choice, cheddar & provolone cheese, and a light taste of our garlic & herb spread. Add smoked ham for \$0.00, crispy bacon for \$0.00, or tomato!.



### Pepperoni Rolls

## BEYOND FRESH SALADS

The greatest thing since sliced bread!



### Yardbird Salad



### Garden Salad

130-480 cal. ......\$7.00 Spring mix, cabbage, red onions, and tomato with your choice of roasted chickpeas, or roasted nuts & seeds. Served with choice of dressing.



### Cobb Salad

# CLASSIC SANDWICHES

Beyond Fresh.

### Turkey & Cheese

### Ham & Cheese

620-710 cal. .....\$8.00 Smoked ham with choice of cheese, lettuce, tomato, red onion, Dijon mustard, mayonnaise, and salt & pepper mix, on your choice of bread.

### Roast Beef & Cheese

#### PB & J

650-710 cal. .....\$3.00 Creamy peanut butter and seasonal jelly, on your choice of fresh made bread!

## SOUPS OF THE DAY

Warm up your day.



#### 8 oz Bowl and Roll

240 cal. for roll ......\$5.00 Choose from one of our daily soups.

#### 12 oz Bowl and Roll

240 cal for roll ......\$7.00 Choose from one of our daily soups.

## **COMBOS**

Make it a meal.



 Sandwich/Salad & 8oz Soup
 \$4.00

 Add Chips and a Drink 200-410 cal
 \$3.00

 Add a Goodie and a Drink 460-690 cal.
 \$4.00

### Breakfast Sandwich & Coffee 650-810 cal.

Choose any breakfast sandwich & get a coffee at half price.

### Goodie & Coffee 260-950 cal.

Choose any one of our fresh made muffins, scones, bars, or cookies and get a coffee at half price.

Any Espresso Drink and a Goodie ......\$1 off the Goodie 2 Pepperoni Rolls and a Drink ......\$7

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